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20  
19

The background features several overlapping, stylized floral or leaf-like patterns in a light beige or gold color. These patterns are intricate, with detailed vein structures and circular motifs, resembling traditional paper-cut art or delicate lace designs. They are positioned behind the large numbers, adding a decorative and textured element to the composition.

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**MY NEW YEAR'S  
RESOLUTIONS**

[WWW.BALEA-RAITZ.COM](http://WWW.BALEA-RAITZ.COM)

**1.**

**SMILE MORE**

**2.**

**CREATE MORE ART**

**3.**

**TAKE MORE TIME  
FOR YOURSELF!**

**4.**

**TEACH MORE LACE**

**5.**

**BE GRATEFUL  
EVERY DAY**

**6.**

**ENJOY THE LITTLE  
THINGS MORE!**



INK & LACE



**NEW YEAR'S  
RESOLUTIONS ARE  
EASY TO MAKE, TO  
KEEP THEM IT'S A  
DIFFERENT STORY!**

*I will teach you how I keep mine, at least how I  
try to make them all happen step by step!*

**FIRST ,  
THINK ABOUT  
WHAT YOU WANT  
TO CHANGE IN  
YOUR LIFE!**

*www.balea-rai  
z.com*

**READY?!**

**1. START SMALL**

**2. CHANGE ONE  
BEHAVIOUR A DAY**

**3. ASK FOR HELP!**

**4. DON'T BEAT YOURSELF  
UP!**

**5. BE HONEST WITH  
YOURSELF!**

**6. CELEBRATE SUCCESSES!**

**7. KEEP TRACK!**

**8. KEEP IT SIMPLE!**

**9. TELL YOURSELF YOU  
CAN DO IT!**

**10. POSITIVE TALK!**





**I HOPE THIS CAN HELP  
YOU OUT IN 2019!**

**LET ME KNOW WHAT  
YOUR NYR ARE FOR  
2019!**

**I HOPE MORE RPL IS  
INVOLVED!**

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